

Managing Challenging Behaviour

Challenging behaviour can interfere not only with the child's quality of life but also the lives of those individuals who live and care for them. Parents continually describe challenging behaviour as having a negative impact on the whole family: including restricted social activities, less attention for siblings, and a sense of frustration and isolation among parents.

Having a diagnosis of autism does not predispose the child to displaying challenging behaviours, however, their particular difficulties increase the child's vulnerability to develop behaviours that present significant challenges. These difficulties also mean that methods commonly used to influence and shape other children's behaviours may not be effective.

Managing challenging behaviour is a one-day training course designed to assist individuals in their understanding of the reasons as to why a child with autism may present challenging behaviours. The course shares information on ways of assessing what behaviour is being presented and how it could be replaced with more positive behaviours. It also explores a range of approaches and methods that can be used to develop both your child's behaviour and your own. The overall aim is to provide individuals with a knowledge base that will help them to manage situations safely and reduce the stress and anxiety for those individuals involved.

Level

Individuals are not required to have had any previous knowledge in this area. The course is intended for those with little or no prior training in autism.

Learning Objectives:

- Defining and labeling challenging behaviour
- The types of challenging behaviour
- Understanding autism, and understanding behaviour
- Observing environmental contributors to challenging behaviour
- Assessing challenging behaviour
- Developing a positive approach to managing challenging behaviour

Costs

Upon request.